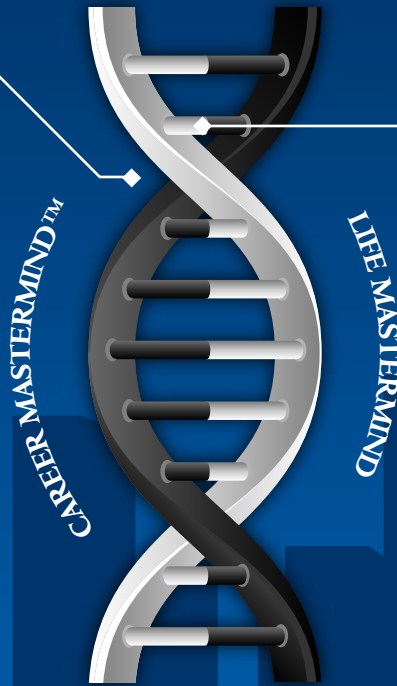


CAREER AND LIFE MASTERMIND



To be a Career Mastermind™, you must also be a Life Mastermind. Career and Life are parallel to each other, not competing to each other. Your career and life overlap, intersect, and superimpose one another. The goal is to have them mirror one another so they are seen as one. Think of it as DNA double helix. Their motion is in balance and is the same, although they are different and run in different directions.

DNA contains the instructions needed for an organism to develop, survive and reproduce. To carry out these functions, DNA sequences must be converted into messages that can be used to produce proteins, which are the complex molecules that do most of the work in our bodies. A Career Mastermind™ has these instructions, as does a Life Mastermind, and they partner in harmony.



The horizontal lines you see in the image represent base pairs. They come together by an “H” bond, or “Hassan” bond for the purpose of this book. It’s the catalyst that unites these two distinct paths. As I mentioned in my Author’s Note, it’s the base and purpose, stabilizing the DNA.

These pairs are complementary and interact with each other as our work and life do in our daily lives. It’s “in our DNA.”



The double helix is right-handed (meaning your life lens leads it) with about 10–10.5 base pairs per turn. Think of these as steps in your career and life. They can be days, weeks, or years, even seconds. They are measured by the intensity and outcome. Each set of 10-01.5 base pairs represents years, or stages in your life. The double helix structure of DNA contains a major groove and minor groove. These represent setbacks and shortcomings.

We all have them and they happen to everyone. But we bounce back, and never lose faith. The major groove occurs where the backbones are far apart, the minor groove occurs where they are close together. The more aligned they are, the better off we are.